

WHAT IS NEW BEGINNINGS?

It is a ministry dedicated to helping people who have suffered the loss of a loved one (through death, separation or divorce) make a NEW BEGINNING in life. To that end, we support Parish-based Bereavement Ministries, Parish Peer Support Groups, and we coordinate a series of Inspirational and Twilight Talks, as well as Day Retreats.

MASS OF COMFORT AND LIGHT

For information on the Mass of Comfort and Light, please call 416-921-1163 x2235

Dec. 2, 2014 ST. CLARE'S CHURCH

Mass at 7:00 p.m.
1118 St. Clair Ave. W., Toronto
(1 Block East of Dufferin St.)

Jan. 14, 2015 ST. PADRE PIO CHURCH

Mass at 7:00 p.m.
5500 Major Mackenzie Dr. Woodbridge
(St. Padre Pio Gardens & Major Mackenzie Dr.)

BEREAVEMENT SUPPORT

St. Justin, Martyr Parish - Unionville

3898 Highway 7 East
To set up an appointment, please call the parish office at 905-479-2463

St. Padre Pio Church – Woodbridge

5500 Major Mackenzie Dr.
To set up individual sessions call the parish office at 905-893-7879 or contact us by email at newbeginnings.stpadrepiochurch@gmail.com

PARISH PEER SUPPORT GROUPS

St. Isaac Jogues Parish – Pickering

1148 Finch Avenue East
Saturdays, October 18 . November 22, 2014
10 a.m. . 12 Noon
Facilitator: Carole Fowles
Contact: 905-420-4165

St. Mary's Parish - Barrie

65 Amelia Street
4th Tuesday of the month
7 p.m. - 9 p.m.
Facilitator: Mary Gold
Parish Office: 705-728-2985

St. John of the Cross Parish – Mississauga

6890 Glen Erin Drive
Last Tuesday of the month
7:30 p.m. - 9:30 p.m.
Facilitators: Remy Barry &
Julienne Anne Rodrigues
Parish Office: 905-821-1331

St. Andrew's Parish – Etobicoke

2547 Kipling Avenue
Third Friday of the month
7:45 p.m. - 9:00 p.m. beginning in October
Facilitators: Deacon Joseph & Agnes
Owusu-Afriyie
Parish Office: 416-749-4391 or email
newbeginnings.standrews@gmail.com

Transfiguration of Our Lord Parish – Etobicoke

45 Ludstone Drive
Twice a month every other Thursday
7:00 p.m. - 9:00 p.m.
Facilitator: Paula Bauer
Parish Office: 416-247-0513

PARISH PEER SUPPORT GROUPS

St. Clare's Parish - Toronto

1118 St. Clair Ave. W.
1st Monday of the month (except holidays)
7:30 p.m. to 9:00 p.m.
Parish Office: 416-654-7087

St. Boniface Parish - Scarborough

142 Markham Road
Oct. 18; Nov. 22; Jan 17; Feb. 21; Mar 21.
3:00 p.m. - 4:00 p.m.
Facilitator: Betty Shaw
Parish Office: 416-261-5983

Our Lady of Grace, Aurora

15347 Yonge Street
Third Tuesdays beginning in January, 2015
7:00 p.m. . 9:00 p.m.
Facilitator: Mary Pace
Parish Office: 905-727-4594

SEPARATED & DIVORCED CATHOLIC MINISTRY

Holy Family Church, Whitby

91 Ribblesdale Drive
The Catholic Divorce Survival Guide+
Tuesdays 7:00 . 9:00 pm
Martez Schembri-Diskey
For information, email martez@rogers.com
Parish: 905- 665-6470

St. Michael's Cathedral, Toronto

65 Bond Street - Parish Hall.
Monthly Support Group begins Sunday,
October 19th 1:30 p.m. - 3:00 p.m. in the
Contact: Jody Balint at 416-364-0234 x224.

PEER SUPPORT GROUP FOR WOMEN

St. John the Evangelist Church – Weston

49 George Street, Weston
Dates: Fall/Spring
Facilitator: Maureen Curtis
For information, please email:
newbeginnings.stjohns@gmail.com

WIDOW / WIDOWER SUPPORT GROUP

Location and Dates: to be announced.
Facilitator: Mary Muir
To register, contact: James Shaughnessy
416-921-1163 Ext. 2227 or email
jshaughn@cfstoronto.com

RETREATS

For information on retreats, please call 416-921-1163 x2235. A light lunch will be served.

ADVENT RETREAT

“Contemplative Advent Practices for Those Who Are Experiencing Loss”
Date: Saturday, November 29, 2014
Time: 10:00 a.m. . 4:00 p.m.
Location: St. Norbert's Church
100 Regent Road, Toronto
Facilitators: Christine Rybka-Miki
Maureen McDonnell

LENTEN RETREAT

“The Embracing Christ of the San Damiano Cross”
Date: Saturday, February 28, 2015
Time: 9:00 a.m. . 4:00 p.m.
Location: St. Clare's Church
1118 St. Clair Ave. W., Toronto
Facilitator: Br. Ignatius Feaver, OFM (Cap)

TWILIGHT TALKS

For information on Twilight Talks, please call 416-921-1163 x2235.

“Lessons from the Camino”

Speaker: Father Ed Curtis, J.C.L.

Location: Our Lady of Grace, Aurora
15347 Yonge Street

Date: Monday, November 3, 2014

Time: 7 p.m. . 9 p.m.

(Sign-in at 6:30 p.m.)

“Journey Through Sorrow to Hope”

Speaker: Sally Amaral, M.T.S.

Location: Holy Family, Whitby
91 Ribblesdale Drive

Date: Tuesday, January 27, 2015

Time: 7 p.m. . 9 p.m.

(Sign-in at 6:30 p.m.)

“Topic on Loss” – To be announced+

Speaker: Father. Fred Scinto, C.R.

Date and time: to be announced.

Location: Mississauga

APPRECIATION EVENT SPEAKER

“Influences that Shape our Personalities: Self-forgiveness and Trying to Understand the Other”

Speaker: Josephine Lombardi, Ph.D.

Date: Saturday, June 20, 2015

Location and time: to be announced.

Light meal will be served.

INSPIRATIONAL TALKS 2014 - 2015

**PLACE: Archdiocese of Toronto
Pastoral Centre, 4th Floor
7:00 p.m. – 9:00 p.m.**

1155 Yonge Street, Toronto, ON
(NE corner of Yonge and Shaftesbury Ave.,
Free underground parking off Shaftesbury Ave.
Beside Summerhill Subway Station)

On the following Tuesdays:

Sept. 9/14 %Ancient Wisdom for Persons
Suffering Loss+
Fr. Fred Scinto, CR

Oct. 14/14 %WHO ARE YOU? Reclaiming your
Authentic Identity+
Dr. Ken Fung, M.D.

Nov. 11/14 "Searching for Hope Amidst
Suffering"
Fr. Chris Valka, CSB

Dec. 9/14 %How to Build Self-Esteem+
Meyrick D Sylva, CSMI
Betty D Sylva, CSMI

On the following Mondays:

Jan. 12/15 %Neuroscience and Resilience+
James Shaughnessy,
M.S.W., R.S.W., Psyn.D.

Feb. 9/15 %Awakening to the Spirit in times of
suffering . What to do with my
experience?+
Maureen McDonnell, D.Min.

Mar. 9/15 %The Burdens We Carry: What Will
Set Us Free?
Susan Morgan, M.Div.

Apr. 13/15 %The Art of Journaling for Inner
Healing +
Martez Schembri-Diskey, RMT

May 11/15 %On Marriage and Annulment+
Fr. Brian Clough, J.C.D.

CATHOLIC FAMILY SERVICES OF TORONTO MISSION STATEMENT

Guided by Catholic beliefs and values, Catholic Family Services of Toronto affirms the cultural, racial and special differences of families and individuals. We are committed to providing innovative, relevant and quality family services to the entire community.

CATHOLIC FAMILY SERVICES OF TORONTO

For more information about counselling services and other groups, please visit the **Catholic Family Services of Toronto website**

www.cfstoronto.com

or call the main office at **416-921-1163**.

**1155 Yonge Street, Suite 200
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RESOURCE STAFF

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New Beginnings

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2014 – 2015